Market Price Information for Mongar from September till date							
Category	Sl no	Product	Qty	Brand	Highest	Lowest	Average
Food and Cereal Products	1	Red Rice	1 kg	local	NA	NA	NA
	2	White Rice	1kg	local	NA	NA	NA
	3	Bondey	1kg	local	NA	NA	NA
	4	Raj bhog	1kg	RajBhog	45	44	45
	5	Basmati Rice	1kg	Basmati	67	67	67
	6	Raj bhog Kumar	25kg	Bhog	1150	1100	1133
	7	SK Gold Rice	25kg	SK	850	850	850
	8	Basmati Rice	20kg	Basmati	1350	1250	1300
	9	Basmati Rice	20kg	Nawab	1350	1350	1350
	10	Sliced Bread	450g	local	NA	NA	NA
	11	Bread Bun	50g	local	NA	NA	NA
	12	Maggi	70g	Nestle	10	10	10
	13	Koka	100g	Koka	35	30	32
	14	Wai wai	70g	WaiWai	10	10	10
	15	Ata (Flour)	1kg	Amrit bhog	50	40	48
	16	Maida (Flour)	1kg	Amrit bhog	50	45	48
	17	Cerelec wheat	300g	Nestle	190	190	190
	18	Chicken Soup	100g	Nestle	60	50	53
	19	Knor Soup	45g	Knoor	60	60	60
	20	Vegetable Soup	100g	Nestle	60	50	53
	21	Mushroom Soup	1kg	Nestle	60	60	60
	22	Cornflakes	290g	Kellogs	NA	NA	NA
	23	Cornflakes	475g	Kellogs	NA	NA	NA
	24	Cornflakes	875g	Kellogs	NA	NA	NA
	25	Milk	1ltr	local	65	65	65
roducts	26	Drukyul milk	1ltr	Drukyul	65	65	65
	27	Taza Milk	1ltr	Amul	70	65	68

Dairy P	28	Milk	1ltr	GO	65	65	65
	29	Yoghurt	150-200g	Small	90	90	90
	30	Yoghurt	400-500g	Big	NA	NA	NA
	31	Cheese	1ball	local	65	65	65
	32	Cheese	1kg	Amul	480	445	463
	33	Cheese	1kg	Britania	525	500	509
	34	Cheese	10 slices	Britania	155	155	155
	35	Egg	1dozen	local	160	155	158
	36	Egg	1 tray	local	390	390	390
	37	Butter	1kg	local	NA	NA	NA
	38	Butter	500g	Amul	230	230	230
	39	Dalda	1kg	local	130	125	129
	40	Dalda	500g	local	65	65	65
Edible Oil	41	Mustard oil	1ltr		170	130	160
	42	Flora oil	1ltr		NA	NA	NA
	43	Cooking oil	5ltr	Refine	650	640	645
	44	Cooking oil	5ltr	Saffola	1270	1250	1260
	45	Soyabean oil	500ml	Refine	70	70	70
	46	Soyabean oil	1ltr	Refine	130	125	128
	47	Sugar pkt	800g		50	40	46
	48	Sugar loose	100g		50	50	50
Tea Items	49	Suger cube	100g	Nestle	67	65	66
	50	Tea bag	250g	Taj	NA	NA	NA
	51	Coffee	50g	Nestle	155	155	155
	52	Coffee	100g	Nestle	NA	NA	NA
	53	Instant coffee	250g	Nescafe	NA	NA	NA
	54	Tea Leaf	Small	Red Label	65	65	65
	55	Tea Leaf	Medium	Red Label	125	125	125
	56	Tea Leaf	Large	Red Label	245	245	245
	57	Shing Jaa	800g	local	NA	NA	NA
	58	Milkpowder	400g	Nestle Everyday	210	200	208

	59	Milkpowder	800g	Nestle Everyday	415	385	396
	60	Milkpowder	450g	Coffeemate	200	200	200
	61	Milkpowder	900g	Coffeemate	390	390	390
Spices	62	Salt	1kg	TATA	25	20	21
	63	Chilli powder	100g	local	45	45	45
	64	Haldi power	100g	BMC	35	35	35
	65	Zeera power	100g	BMC	65	60	63
	66	Dhania power	100g	BMC	35	35	35
	67	Meat Masala	100g	BMC	45	45	45
	68	Chicken Masala	100g	BMC	45	45	45
	69	Sabji Masala	100g	BMC	35	30	31
Cold Drinks	70	Mineral water	1ltr	local	20	20	20
	71	Mineral water	500ml	local	20	10	13
	72	Pepsi	2ltr	Pepsi	70	10	48
	73	Coke	1.5	Cocacola	60	50	53
	74	Coke	500ml	Cocacola	30	30	30
	75	Milo	180 ml		NA	NA	NA
	76	Mirinda	2ltr	Mirinda	65	65	65
	77	Pepsi	500ml	Pepsi	30	30	30
	78	Orange Squash	700ml	Druk	60	60	60
	79	Orange Squash	1.5ltr	Druk	130	110	120
	80	Lemon Squash	700ml	Druk	60	60	60
	81	Apple Juice	1ltr	Bhutan Agro.	100	90	95
	82	Mango Juice	1ltr	Bhutan Agro.	60	60	60
	83	Orange Squash	1ltr	Bhutan Agro.	60	60	60
	84	Apple Juice	1ltr	Druk	NA	NA	NA
	85	Mango Juice	1ltr	Druk	NA	NA	NA
	86	Dew Fresh	200ml	Dew Fresh	15	10	13
	87	Frooti	200ml	Frooti	20	15	17
	88	Dishwashing detergent		VIM	NA	NA	NA
	89	Toilet Soap	75g	LUX	45	35	40

Sanitory and Toiletry	90	Toilet Soap	75g	Palmolive	NA	NA	NA
	91	Toilet Soap	Medium	Lifebuoy	30	25	28
	92	Toothpaste	Medium	Pepsodent	135	135	135
	93	Toothpaste	Medium	Colgate	55	35	45
	94	Toothpaste	Medium	Closeup	60	60	60
	95	Sanitary Napkin	7pcs	Orfit	32	32	32
	96	Sanitary Napkin	7pcs	stayfree ultra	90	90	90
	97	Sanitary Napkin	7pcs	Whisper	NA	NA	NA
	98	Detergent Powder	500g	Surf	55	50	53
	99	Detergent Powder	1kg	Henko	110	110	110
	100	Detergent Powder	1kg	Surf	NA	NA	NA
	101	Laundry soap	182g	Nepal Soap	10	10	10
	102	Toilet tissue paper	1roll		30	25	28

*The market price has been collected from 4 major grocery shops of the dzongkhag